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Low Back and Leg Pain

“This Special Report By Milo E. Wilcox, D.C. Reveals How You May Be Able to Eliminate Low Back And Leg Pain Without Drugs, Painful Exercises, Injections, Or Surgery!”

Keep reading this special report to find out about the new technology that may end your misery.

Dear Friend,

Please be sure to read everything in here, since it may be the most important thing you’ve read in a long time!

Before we get started, do you ever find yourself asking any or all of these questions:

Why does my back hurt?

Why doesn’t the pain just go away?

Why can’t I just be like normal people?

How bad can this get?

Will I eventually be crippled?

Will I ever be able to live the life I used to?

Why don’t people without back pain understand me?

Nothing Is Worse Than Feeling Great Mentally, Wanting to Take in All Life Has to Offer...Only to Have Your Natural Enthusiasm and Drive Reduced Because Your Back Hurts and The Pain Just Won’t Go Away! Right?

Isn’t it sad to feel so alive and full of vigor, and not be able to do all the things you want to do because the low back pain you suffer from is so pervasive, so intruding, and so unfair? Don’t you sometimes feel downright angry or discouraged because the pain and symptoms just won’t go away?

**The Fact Is, If You Are Suffering From Low Back Pain
& Leg Pains (Sciatica).
You May Not Have to Suffer Anymore!**

**The Shocking Truth About Over the Counter Drugs and
Why They Don't Really Get Rid of Low Back Pain!**

What many drug companies don't want you to know is that their drugs do not cure you of what causes low back pain. You see, the way these drugs work is to disable, for a short time, your brain's ability to feel the sensation of pain coming from your back. The cause of the pain is still there, you just can't feel it!

A serious problem with these pain pills is that you can't feel the severity of your pain. Your body has no way to stop you from injuring your back more and more. Pain is your body's way of saying, "Don't do that!" Because your body is effectively disabled from protecting you, you will only hurt yourself more and more by taking more pills. At the same time, you are at greater risk to only make your condition and pain worse and worse. You are putting yourself at risk to suffer from the serious side effects of the most common pain relievers. They can damage your stomach, kidneys, and liver. Obviously, using drugs is not the way to go when it comes to getting rid of the real cause of low back pain.

Pain Medications May Increase Your Risk of Needing Kidney Dialysis Three Times a Week? It is estimated that 35% of the people requiring kidney dialysis ruined their kidneys by taking pain medications. Long term use of drugs for pain is a risky way to treat pain, isn't it?

A major cause of back pain, especially in the low back, is due to misalignment of the spine. Only one bone just slightly out of alignment can cause the nerves from your spine to become irritated. The result is pain. Most doctors are trained to try to relieve symptoms with drugs. They sincerely do their best. All the while, the REAL cause of your pain is still there.

Back Surgery May be Successful or Result in Only Temporary Relief, or None at All! Some Patients Are Even Worse After Surgery. Each time you experience surgery you need to face the small but potential risk of going under anesthesia and also of getting an infection! You may also develop scar tissue that could cause problems later. You may have other options!

My name is Dr. Milo Wilcox. I am a Wellness Advisor and a Doctor of Chiropractic. I've been trained to detect and correct the spinal misalignments that may be causing your symptoms.

What I'm talking about is a very sophisticated, advanced technology and protocol to treat the problems in your low back. I am dedicated to changing the lives of low back pain sufferers here in Salina, Abilene, and north central Kansas. This is what I do. I have over 30 years of experience in helping low back pain victims get out of the pain quickly and naturally without drugs, injections, or surgery. Patients with bulging discs, herniated discs, degenerative arthritis, and spinal stenosis have a good chance of getting pain relief and improvement in their quality of life.

The odds are, I've seen and helped hundreds of people with the same problem you suffer from right now. I have seen scores of patients who have had prior surgery. Most have responded favorably to computerized chiropractic care. I understand exactly how you feel. In fact, one of the reasons I decided to become a doctor of chiropractic was because I suffered from low back pain and nothing would work for me until I finally found a chiropractor who knew exactly what was wrong with me and how to fix it. I understand how much you hurt. I know how horrible it is to have lingering pain that you can't do anything to get rid of. I know how it feels to not be able to do the activities you used to love to do.

When you explain your problems to me, I'm not going to downplay them just because they don't appear on the surface or may not easily show up on an MRI or x-ray film. I'm not going to make you feel like there's something weird or wrong with you. You're not going to have to feel like you have to be guarded or cautious when you explain your ailments to me. I WANT you to unload your feelings, concerns, and fears so I can help you get better! I UNDERSTAND. I have been there myself. I will do my best to determine the right diagnosis, the correct evaluation, and the proper treatment to end your pain and suffering. I am here to help you. If I do not think you will respond favorably to my care, I will tell you. In this day and age of technology, you need to work with the right professionals who are trained and experienced. Being "familiar" or "knowledgeable" about low back pain isn't even *close* to being enough. You need to get advice and help from someone who has made getting rid of low back pain their life's work!

Chain of Possible Treatment Events

You may have experienced all or part of this list.

It is assumed that every health care provider sincerely wants to help you and is doing their best with their training and experience to do so. Following is a partial list that patients have frequently related to me over the past 30 years. Some people have experienced all of these events and more.

Development of Low Back Pain & or Leg Pain (Sciatica) with or without leg weakness. The quality of the pains and symptoms can vary with one or more of the following descriptions on a constant or intermittent basis: Tightness, Stiffness Dull Aching, Localized, Diffuse, Tingling, Pins and Needles, **Radiating, Burning, Sharp, Shooting, Stabbing, and Throbbing**. Some patients also report (RLS), Restless Leg Syndrome and night time painful leg cramps.

Your symptoms eventually interfere with your (ADLs), Activities of Daily Living and your recreational activities to the point that YOU DECIDE TO STOP THE PAIN.

Typical Actions to Stop the Pain

- Use Over The Counter Medications.
- Use pain reliever gels and sprays.
- Accommodations to your Work, Recreation, and Activities of Daily Living.
- Take some time off work to rest. Stop sports if you are an athlete.
- Have spouse rub your back (if they will).
- You might try seeing a massage therapist and may or may not get some relief.
- You tried chiropractic care but still hurt.
- You might try different gadgets or supplements seen on TV infomercials.
- .You might try to work it out with exercise (and get worse).
- Visit to your PCP, Primary Care Physician.
- Your PCP prescribes medication with side effects that may hinder your work and driving.
- You may get partial or no relief from the medications
- You return to your PCP. Physical Therapy is prescribed 3 times a week for 3-6 weeks. Each session takes an hour or so each day. You have problems leaving work to get care. You may get better or you may get worse.
- You return to your PCP who orders an MRI and or sends you to a specialist.
- Your MRI is negative, now what?
- You may receive drugs for depression and be referred to a psychiatrist.
- Your MRI is positive. You have a disc bulge, degenerated disc, Stenosis, etc. What are your options?
- You may have tried Spinal Decompression.
- You are referred to a Neurosurgeon or Orthopedic Surgeon. They may prescribe one to three painful EPIDURAL injections into your spine. Research indicates that injections may give relief from 2-6 weeks if at all. Sometimes they stop the pain.

- The Specialist tells you the options that are available that include pain medications and waiting till your suffering is so bad you can't endure your symptoms and have surgery.
- **If you do not have adequate insurance** the cost of surgery may be too much. By now, you may have spent a lot of money seeking relief.
- You talk with other people who have the same or similar conditions.
- You talk with people who have had a successful surgery and get your hopes up and then you talk with others who are hurting the same or worse as you and you are now doubtful and discouraged.
- You could have surgery right away, especially if you insist. You have "tried everything else" except computerized chiropractic care. Surgery may give you total or partial relief permanently or you may be hurting as much or more in a few days, months, or a year or so. Then you may be told that you need another surgery.

These action steps may take weeks, months or years of suffering and expense. You still have your pain. It may get better or worse for a while but it is still there and you keep altering your life style and experience a major loss of the quality of your life.

In some of the worst cases, I have seen low back pain lead to permanent disability. In the process some people lost their career, health insurance, home, family, friends, and they were still suffering with no hope of getting better.

THE GOOD NEWS IS THAT YOU HAVE OTHER OPTIONS TO REDUCE OR END YOUR PAIN.

Since October of 2005 I have been using the new breakthrough, sophisticated computerized technology for spinal treatments. This advanced technology is available chiropractors trained and certified in using it. Most doctors are totally unaware of the incredible benefits of this system for treating low back and leg pain conditions. This explains why you have not yet tried it. The computer has several built in programs for treating many back conditions. It takes a demonstration to really understand how it works and why it is so effective. When people see a demonstration of how the ProAdjuster technology works, their fears vanish. Certainty replaces doubt. Confidence replaces fear.

"I have low back arthritis." "My discs are narrowed." My doctor says, "Live with pain and drugs until you can't stand it and then get surgery." Are you just going to keep suffering until you die? Keep searching until you find someone who can help you. Millions of people have arthritis and degenerative discs in their low backs. Some are in pain and some are not. I have successfully treated many patients with spinal stenosis, arthritis, and very severe disc degeneration. This includes people with spinal fusions, laminectomies, disc removals, etc.

If you have had low back pain for 10, 20, 30 years or more, you may have fallen arches in your feet that contribute to your chronic low back pain. Fallen arches alter your center of gravity and tend to cause low back or disc degeneration. We use a computerized foot scanner to evaluate your feet.

We practice COST CONTAINMENT. Our fees are reasonable. You receive the most necessary treatment each visit. We keep therapies to a minimum. We believe you can use cold packs, hot packs, exercise, etc. **at home for free.** Don't you agree?

If you're interested in checking this out further, you may be wondering what's the best way to get the information you need to be able to make an informed decision on what to do. Well, I have a non-threatening way to do this that you're going to like. More information is available at www.LivingWellSalina.com

YOU CAN BENEFIT NOW FROM NEW TECHNOLOGY

To **introduce** you to our new CONSISTENT, COMFORTABLE, COMPUTERIZED **instrument we are offering you a FREE DEMONSTRATION VISIT.** You can see and learn how the rubber-adjusting tip connected to the new Computer can analyze and gently tap your spine, re-analyze, and show you the improvement in function. The computer determines and provides the harmonic frequency of oscillating spinal tapping required to best adjust the vertebra. The computer senses when the joint is unstuck and automatically shuts off.

We understand your pain, fear, frustration, disappointment, and disillusionment. Haven't you noticed that people who have never had serious back pain just don't understand how much you are suffering? Some people may think you are exaggerating your pain, suffering, and symptoms.

When you visit our office, you will have the opportunity to meet with my understanding staff and get to know us. You will be able to tell us about your back pain and other health concerns. Your FREE DEMONSTRATION VISIT will give us a good idea about the severity and true cause of your pains and what we can do to help you live a normal life again.

If, after your free demonstration visit, you believe there is no benefit to working with us, you simply leave. There is no obligation on your part. However, if you believe that you can benefit from our help and care, we will discuss how to proceed. Many insurance plans pay for our care, including Blue Cross and Medicare. If needed, we have credit plans for deductibles, co-pays, etc. for patients WAC.

Occasionally, people have a fear of the unfamiliar. With the use of the computerized equipment and techniques, virtually all of **these fears simply disappear.** If you are looking for a gentle effective treatment – one that is on target, precise, and easy on the body every time; one that is comfortable for patients of all ages with no turning or sudden movements, yet highly effective, then the computerized instrument may be the ideal solution for you.

We know that some people reading this article are **fearful of painful treatments that do not work.** Perhaps you have already experienced several painful treatments by other methods. When you **learn how** the computer works by gently tapping your vertebra while you are relaxing in a specially designed comfortable chair, you can **put any fears behind you.** You can look forward to a better life. **If you want a "happy spine" again, call for an appointment.** We are located north of the South Ohio Dillon's store and west of Wendy's. Feel free to visit our office for more information. Please visit our website at www.LivingWellSalina.com. **Get Back to Work and Play Call us today!**



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